

To
The Secretary General
Sepaktakraw Federation of India
New Delhi
Sir,

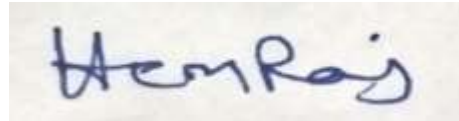
Subject: Submission of report of conducting the National
coaching camp Sepaktakraw & Asian Sepaktakraw
Championship
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I have to submit herewith a report of conducting the
National coaching camp Sepaktakraw held at WTC,
Aurangabad from 9th MAY to 7th JUNE- 2019 & Asian
sepaktakraw championship from 10th JUNE to 14th JUNE
2019.

for your kind acknowledgement and necessary
formalities.

With regards,

Yours faithfully,

A rectangular box containing a handwritten signature in blue ink that reads "Hem Raj".

(HEM RAJ)

Chief Coach.

National Coaching Camp.(Sepaktakraw)

Enclose: As above.

Report of Organization of the National Sepaktakraw Coaching Camp

1. Date & Venue : The National Coaching Camp is being conducted at WTC, Aurangabad Indoor Stadium, Duration of the camp is 30 days (i.e., 9th MAY to 7th JUNE- 2019

2. Participation : 15 Men and 15 Women players, attended the National Coaching Camp.

(Details of the players are given in Appendix I).

Besides, 6 (six) Coaches nominated by the Sepaktakraw Federation of India (STFI) deputed by SAI (HQ) are attending the coaching programme.

(Details of the Officials are given in Appendix II)

3. Training

In the training programme of 30 days duration of this phase, we take 3 sessions a day

1 st session	:	6:15 AM	to	8:00 AM
2 nd session	:	10:00 AM	to	12:30 PM
3 rd session	:	4:30 PM	to	7:30 PM

In the 1st session, conditioning and general exercises are the Main programmes.

In the 2nd session, specific skills and exercises are imparted

In the 3rd session, matches are played

4. Accommodation:

Accommodation of the players and officials attending the National Coaching camp is provided by the Deputy Director at Elite Hostel WTC, Aurangabad. Arrangement is quite satisfactory to all the participants.

5. Food :

As per cyclic National campers menu provided by SAI, WTC Aurangabad also quite satisfactory.

6. Sports Kits :

We have thanks to Deputy Director WTC, Aurangabad to provided the sports kit to the New campers.

7. Other facilities provided:

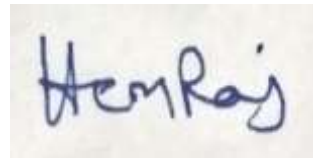
Facility of Indoor Hall, Gym and outdoor facilities provided by the Deputy Director was given to all the trainees.

9. Conclusion :

The National Coaching Camp The coaching camp is Sponsored by Ministry of Sports, Govt. of India, and monitored by SAI (HQ) New Delhi and Organization of the National Coaching is entrusted to the Director Regional centre SAI Mumbai

We have to thanks the concerned authorities of Sports Ministry, SAI (HQ) New Delhi and Director **Regional Centre,SAI Mumbai**, for the initiatives and responsibilities taken by them for the National Coaching Camp.

We concluded the camps on 7th June 2019.We do hope and, as well as, try our level best to put remarkable performance in the forthcoming Asian Sepaktakraw championship at Kunming China from 10th June to 14th June 2019.

A rectangular box containing a handwritten signature in blue ink that reads "Hemraj".

(HEMRAJ)
Chief Coach.
National Coaching Camp. (Sepaktakraw)

List of players to attend the National Coaching camp

1	LALIT KUMAR	SSB
2	SANDEEP KUMAR	SSB
3	SOROKHAIBAM MALEMNGANBA SINGH	SSB
4	YUMNAM AKASH	SSB
5	MANISH	DELHI
6	RISHI	DELHI
7	SURAJ RAM	DELHI
8	C. ASHOK KUMAR	AP
9	LALROHLUA	MIZORAM
10	LAISHRAM JOHAN MEITEI	MANIPUR
11	VESUTO MEDEO	NAGALAND
12	RAM KUMAR	DELHI
13	HARISH KUMAR	DELHI
14	ASHISH	DELHI
15	M. SUSHIL	MANIPUR
Sn	NAME (SURNAME & NAME WOMEN	STATE/UNIT
1	ELANGBAM PRIYA DEVI	MANIPUR
2	RASHMI SHRIVASTAV	SSB
3	PAPANA NAGA HARIKA	TELANGANA
4	YANGLEM NGANTHOI CHANU	SSB
5	AKUMTILA	NAGALAND
6	THARANGINI ANNAM	TENANGANA
7	AYEKPAM MAIPAK DEVI	SSB
8	MUDHUSMITA BEHERA	ODISHA
9	ITISHREE SAMAL	ODISHA
10	DOLLY SHRIVASTAV	UP
11	MANISHA KUMARI	UP
12	M. ARUNA DEVI	MANIPUR
13	O. CHOABA DEVI	MANIPUR
14	E. RONITA DEVI	MANIPUR
15	RALLA NAVATHA	

List of Coaches to attend the National Coaching camp Appendix II

SL. NO.	NAME	STATE/UNIT
1	HEMRAJ, CHIEF COACH	STC DELHI
2	B.A SHARMA	SAI, STC, BEREILLY UP
3	PULENO KEKHIA	NAGALAND STATE COACH
4	H. KIRAN KUMAR	MANIPUR STATE
5	MAMTA	DELHI STATE
6	ROHIT	DELHI STATE
7	PAYAL – PHYSIOTHERAPIST	AURNAGABAD

**Reports for participating Indian Sepaktakraw Team (Men & Women) for
Asian Sepaktakraw championship from 10th June to 14th June 2019 at
Kunming (China)**

Sl no	Particular	Action (Remarks)
01	Name of the completion	Asian Sepaktakraw championship
02	Date / Venue	10th June to 14th June 2019 at Kunming (China)
03	Competition of Events And represented India Team	<p align="center">Indian Men & Women team participated in Asian Sepaktakraw championship</p> <p align="center">* India Men Team participated, Double event, Regu Event,</p> <p align="center">* India women Team participated, Double event, Regu Event,</p>
4	Results	<p>1. Indian Men Team Gold Medal in Regu Event</p> <p>2. Indian Men team Bronze Medal in Double event</p> <p>3. Indian Women team (Bronze Medal in Regu Event)</p>
05	Indian Contingency	19 members, 07men players +07 women players +05 team official
06	Accommodation,	Hotel The HENSON Kunming china
07	Performance of Indian Team	Indian Men team performance was excellent & Indian Women Team performance was also excellent.
08	Comment	Our special thanx to Sepaktakraw Federation of India Secretary General Sh. Yogender Singh Dahiya and President Dr. S. R. Premrj







